



Home Coming Bootcamp

About the Plan “Become ready to Care”

- Learn how to use the hospital and rehab facility to get yourself trained-to-care
- Create a system that keeps you organized
- Understand and prepare for how this will affect your personal and work-life
- Learn how to build and implement your Home Care Team
- Receive list of items you’ll need to have on hand
- Become aware of the importance of being ready for that first night home.



What you get with the plan.

I call this plan the "Home Coming Boot Camp" because the goal of it will be to get you prepared as quickly and as efficiently as possible as you transition into your role as your parent's Caregiver. As soon as they become admitted into the hospital or rehab is when your preparation begins!

15 Step Online Planning Process on what you will need to do in order Become Prepared To Care!

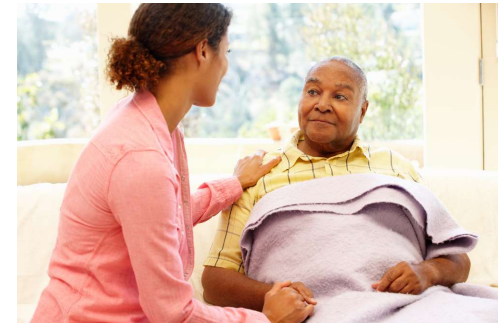
1. Set up your training sessions.
2. Hiring Short-Term Help
3. Building the Home Care Team
4. Having the "Talk" with your spouse
5. How to prepare for the meeting with the Discharge Staff
6. How to prepare "the home."
7. Stocking up to Care
8. Staging for recovering in place
9. Implementing a System
10. Preparing your personal and work-life
11. Transition Management
12. Getting Organized
13. Delegating
14. Bonus: Best Practices
15. The Day After Tomorrow



Included with the Plan

- Fifteen Step Plan on How to Prepare for when your Parent returns home from Hospital or Rehab
- 30 Days Online Support - Chats (unlimited), Up to 10 Emails
- Unlimited referrals to professionals in your area
- Product and service recommendations
- 6-month Membership to our exclusive content that takes you on a Deep Dive into the "real" Caregiver experience
- Be the first to receive invites to Webinars, Workshops & W'Expos
- Access Experts in our Forum in the fields of: Stress Management, Financial Planning, Estate Planning, Senior Care Advocates, Patient Advocates, Caregiver Wellness Counseling, Grief Support, Geriatric Pharmacist, and more.
- Access to our Private Facebook Group – Home Coming Bootcamp
- Connections with other Caregivers just like you!
- Be first to receive updates as new products and services are added to the Marketplace and any exclusive offers from our Monthly Newsletters.

Bonus Offer: Receive a \$50.00 Amazon Gift Card if you make purchase from Shower Bay within one (1) year of starting this plan. *Gift card to be issued within ninety (90) days of Shower Bay by Forward Day LLC confirmation of proof of purchase.*



Plan Benefits

- Better understanding of your future role and responsibilities as the leader of the Home Care Team
- Step into the roll better prepared by having systems and processes in place
- Take the guess work out of doing all of this preparation on your own
- Reduce impact on your personal and work-life
- Feel more confident and ready
- Improve the experience of the first night and few days home.
- Less stress about the unknown



Package Value

Total Package Value = ??

What value do you put on being prepared ?

What value do you put on your time to try and do this on your own?

What value do you put on making your parent's first night home more comfortable?



Investment

- **\$99.00**
One Time Fee

- 6 Month Access to Exclusive Membership Content
- Extend Website Membership after 6 months at a discounted rate of \$5.00 per month until canceled
- Refer A Friend: When you refer a friend and they sign up for a plan, we will extend your Membership to our website for an additional 6 months (A \$60.00 Value)